

## *Lectures:*

All Lectures are 30 min + 5 min discussion. Candlelight Lecture is 45 min.

## *Proceedings of the XIIIth Paavo Nurmi Symposium*

Annals of Medicine

All the speakers are asked to provide *upon arrival* a minireview type of article of their topic with 10 double-spaced pages including references (max. 30). Tables and illustrative material are most welcome. Even sketches can be submitted to be prepared by a highly qualified professional and forwarded to you for approval. The proceedings will be published in Annals of Medicine, an official journal of the Finnish Medical Society, Duodecim.

## *Social Program*

A get-together party will be organised at Hanasaari on Friday evening, the 1st of September after the first symposium day. On Saturday evening, the 2nd of September after the Candlelight lecture a dinner will be served at a nearby location. Accompanying persons are welcome to join these events.

For the accompanying persons a special program will be organised during the symposium. This program will be specified in the final announcement in May 2000.

Please announce (see the enclosed form: Practical issues) to the organisers if you are interested in a presymposium tour "An excursion to Erik von Willebrand's world in the early 1900's".

## *Trip and Accomodation*

Your air fare in business class and all the travel costs will be covered. Please give the receipts to the organisers, who will reimburse you at the earliest convenience. If you want the organisers to arrange your trip, please let us know (Practical issues). Enclosed please find a description of the Hanasaari Cultural Centre. All speakers and their accompanying persons will be accomodated in the facilities located at the meeting venue. All the meals are covered by the organisers.

## *Weather*

Usually in early September the weather is still pleasant with temperatures 15-20°C. Occasional rain showers are possible and nights are cool. A fitness room, swimming pool and sauna and nice outdoor facilities for running or tennis are available nearby.

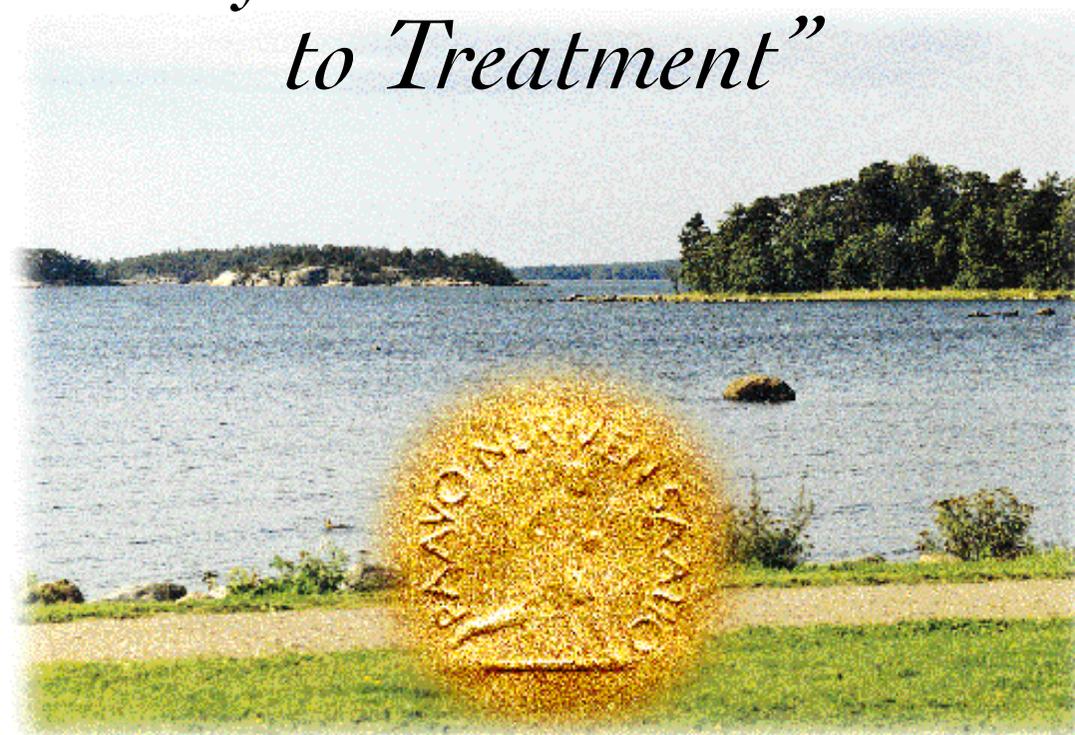
The clothing should be casual. On Saturday night there is a dinner with some festivities, a jacket and tie is recommended.



XIIIth Paavo Nurmi Symposium  
*1-3.9.2000*  
Hanasaari  
Espoo

FINAL ANNOUNCEMENT

*"Arterial Thrombosis  
– from Mechanisms  
to Treatment"*



## Welcome to Finland

Our main theme in organising the XIIIth Paavo Nurmi symposium "Arterial thrombosis - from mechanisms to treatment" is to gather scientists working in the field of thrombosis together with clinicians solving the related practical problems. We wish to provide a bidirectional forum to deal with new key issues in this important field. Clinicians will have a chance to adopt the current knowledge available for their practise, and scientists will be exposed to the remaining clinical challenges.

We sincerely hope that the following program will offer a fruitful platform to fulfil the above-set objectives. We wish you heartily welcome to Finland, more specifically to Espoo, Hanasaari, located nearby Helsinki.

On behalf of the Thrombosis Council of the Finnish Cardiac Society

Riitta Lassila      Outi Vaarala      Vesa Rasi      Veikko Salomaa



**FRIDAY, SEPTEMBER 1, 2000, 2:00 pm - 5.30 pm**

### Section I Platelet Functions and Anti-platelet Therapy

Chair: Riitta Lassila

1. Genetics of platelet receptors - clinical implications in thrombosis  
*Jürg Beer, Baden, Switzerland*
  2. Platelet as an antithrombotic target  
*Dietrich Gulba, Berlin, Germany*
  3. Platelet activation induced by ADP - the role of ADP antagonists  
*Christian Gachet, Strasbourg, France*
  4. The procoagulant role of platelets  
*Alan Nurden, Bordeaux, France*
- Three 10-minute presentations (invited)
- GET TOGETHER, 8:00 pm**

**SATURDAY, SEPTEMBER 2,  
8:30 am - 5:00 pm**

### Section II Immunology of Atherothrombosis

Chair: Outi Vaarala

1. Antiphospholipid antibodies in arterial thrombosis  
*Takao Koike, Sapporo, Japan*
2. Lupus anticoagulant in cardiovascular diseases  
*Philip deGroot, Utrecht, the Netherlands*
3. The immunological mechanisms of atherothrombosis  
*Yehuda Shoefeld, Tel Aviv, Israel*
4. Treatment of thrombosis associated with immunological risk factors  
*Guido Valesini, Rome, Italy*

One 10-minute presentation (invited)



### Section III New Insights into Coagulation and Anticoagulation

Chair: Vesa Rasi

1. Hyperhomocysteinemia and atherothrombosis  
*Marco Cattaneo, Milano, Italy*
  2. Treatment of acute coronary syndromes with low molecular-weight heparins and direct thrombin inhibitors  
*Steen E. Husted, Aarhus, Denmark*
  3. Heparin-induced thrombosis and its management  
*Meyer Samama, Paris, France*
  4. Future possibilities in the regulation of the extrinsic pathway - iFVIIa and TFPI  
*Ulla Hedner, Malmö, Sweden*
- Prothrombotic mutations and arterial thrombosis (10-minute invited presentation)  
*Carine Doggen, Leiden, the Netherlands*

### Candlelight Lecture, 8:00 pm

Platelet thrombus formation in arterial flow  
*Zaverio Ruggeri, La Jolla, CA, USA*

DINNER

**SUNDAY, SEPTEMBER 3, 9:00 - 12:30 am**

### Section IV: Fibrinolytic System and Arterial Thrombosis

Chair: Veikko Salomaa

1. Molecular links between coagulation and fibrinolysis  
*Kenneth K. Wu, Houston, TX, USA*
  2. Fibrinolysis and atherosclerosis  
*Irene Juhan-Vague, Marseille, France*
  3. Fibrinolytic factors and arterial thrombosis - epidemiological evidence  
*Aaron Folsom, Minneapolis, MN, USA*
  4. Coronary thrombosis - what type of fibrinolytic agent and antithrombotic adjuvants  
*Frans Van de Werf, Leuven, Belgium*
- Three 10-minute presentations (invited)
- LUNCH, 1:00 pm**